

## Emotionally Disturbed with Behaviour Problems.

May have:-

- 1 A short attention span.
- 2 Be hyperactive.
- 3 Have impulsive behaviour.
- 4 Can become out of control & responses are explosive.
- 5 May be irritable, with reactions out of proportion.
- 6 Often over talkative, or may be sulky & silent.
- 7 Awkward & clumsy.
- 8 Often can be gullible.
- 9 Aggression is frequently seen.
- 10 Can be very disorganised.
- 11 Socially immature.

Riders with these problems need a quiet routine, it is very important that they know the rules that they have to adhere to & the reasons why. If they do not obey them they should be removed from the situation as they may endanger themselves or others. Often have very little self confidence, self esteem & may be very negative in their outlook ---- I can't is frequently heard.

Need lots of encouragement.

It is a good idea to use the staff who escort them as they will have a greater understanding of their problems than us as they cope with their behaviour everyday.

Most enjoy riding & being around horses so can achieve some good results which can do wonders for their confidence.